

WMC Workers Compensation

Dynamic sEMG

Back pain and injury will cost employers billions of dollars in lost time and productivity this year alone. We have a way to help.

Dynamic Surface EMG (electromyulograms) help doctors to assess problems in the muscles of the low back or in the neck and upper back. Dynamic sEMG can allow a doctor to diagnose minor back issues before they become debilitating and costly back injuries. The noninvasive procedure can be completed in a doctor's office or even at the worksite.

Once an issue has been identified, simple strengthening exercises can be assigned and ergonomic recommendations can be given to address the problem. If a work place back injury does occur, Dynamic sEMG can help doctors decide on the best course of care for the injured worker allowing return to work with less time lost.



Better Outcomes with Chiropractic Care

Spine (a peer review medical journal) recently published an important article (1). This article concluded that workers with back injuries that saw a chiropractor first were far less likely to be disabled one year post injury than workers that received care from general practitioners (M.D.), occupational medical clinics or other alternative providers. Gary Franklin, (M.D.) Washington State Department of Labor and Industries (L&I) medical director was one of the two primary authors of this article. The data that was used to arrive at the above conclusion was taken directly from the Washington State Department of Labor and Industries.

(1) "Early predictors of chronic work disability: a prospective, population-based study of workers with back injuries" Spine, Dec. 1, 2008; 33(25):2809-18

The use of Dynamic sEMG and a chiropractor as a first response provider for back injuries, can help employers control workers compensation costs.

Dynamic sEMG & chiropractic care:

- Pre-Employment Testing
- Set Baselines
- Fraud Detection
- First Response - back injury



"Insanity: Doing the same thing over and over and expecting different results"

--Albert Einstein

Oversight and administration of the Dynamic sEMG testing:

Dr. Steven M. Teague & Dr. Jeffrey Matheny

For more information about this program, contact us at info@wmcbusinessservices.com or visit us at www.wmcbusinessservices.com for more information.



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